CLAIMS

1. An arm circulation system stretching, recuperative chest enlargement and respiration assistance apparatus, the features of which are:

The said apparatus body has an internally installed speed reduction motor, a sleeve is positioned on its driven screw rod, and a support rod is movably linked to each of the two sides of the said sleeve and, furthermore, each said support rod is extended and movably coupled to a swinging appendage, each said swinging appendage is affixed onto a hinge, and the said two hinges are each mounted on the two sides of the said apparatus body such that the said speed reduction motor rotates and controls the said sleeve to drive the said support rods, thereby raising and lowering the said swinging appendages to stretch the circulatory system of the arms, while also providing for chest enlargement and respiratory exercise.

2. As mentioned in Claim 1 of the arm circulation system stretching, recuperative chest enlargement and respiration assistance apparatus of the invention herein, the said swinging appendages are movably disposed on the said hinges to provide for the adjustment of the said swinging appendages to the desired angle of horizontal posturing, thereby effectively providing for stretching the

circulatory system of the arms at a range of different angles.